

**ACTIVITIES FOR JANUARY**

**JANUARY 2ND**

Cooking Class @ 10am

**JANUARY 3RD**

Walk & Talk @ 10am

**JANUARY 6TH**

Walk & Talk @ 10am

Crafts @ 6pm

**JANUARY 7TH**

Facebook Brain Teaser

**JANUARY 8TH**

Walk & Talk @ 10am

**JANUARY 9TH**

Cooking Class @ 10am

**JANUARY 10TH**

Walk & Talk @ 10am

**JANUARY 13TH**

Walk & Talk @ 10am

**JANUARY 14TH**

Facebook Brain Teaser

**JANUARY 15TH**

Walk & Talk @ 10am

**JANUARY 16TH**

Cooking Class @ 10am

**JANUARY 17TH**

Walk & Talk @ 10am

**JANUARY 20TH**

Walk & Talk @ 10am

Crafts @ 6pm

**JANUARY 21ST**

Facebook Brain Teaser

**JANUARY 22ND**

Walk & Talk @ 10am

**JANUARY 23RD**

Cooking Class @ 10am

**JANUARY 27TH**

Walk & Talk @ 10am

Cooking One Dish Meals @ 6pm

**JANUARY 28TH**

Facebook Meals under $10.00

**JANUARY 29TH**

Walk & Talk @ 10am

Crafts @ 6pm

**JANUARY 31ST**

Walk & Talk @ 10am

*You can follow our health & wellness director on Facebook: La Harpe Health & Wellness. Kathy will share weekly brain teasers, hygiene facts and healthy quick meals. Don’t have access to Facebook, please let us know and we will find a way to get you the information.*