

**ACTIVITIES FOR OCTOBER**

**OCTOBER 2ND**

Walk & Talk @ 10am

**OCTOBER 3RD**

Crafts/Wreaths @ 6pm

**OCTOBER 4TH**

Walk & Talk @ 10am

**OCTOBER 7TH**

Walk & Talk @ 10am

**OCTOBER 9TH**

Walk & Talk @ 10am

**OCTOBER 10TH**

Fall Center Piece class @ 6pm

**OCTOBER 11TH**

Walk & Talk @ 10am

**OCTOBER 14TH**

Walk & Talk @ 10am

**OCTOBER 16TH**

Walk & Talk @ 10am

Fire Safety @ 6pm

**OCTOBER 18TH**

Walk & Talk @ 10am

**OCTOBER 21ST**

Walk & Talk @ 10am

One Dish Meal @ 6pm

**OCTOBER 23RD**

Walk & Talk @ 10am

**OCTOBER 25TH**

Walk & Talk @ 10am

**OCTOBER 28TH**

Walk & Talk @ 10am

Nails @ 6pm

**OCTOBER 30TH**

Trunk or Treat

*You can follow our health & wellness director on Facebook: La Harpe Health & Wellness. Kathy will share weekly brain teasers, hygiene facts and healthy quick meals. Don’t have access to Facebook, please let us know and we will find a way to get you the information.*